



April 2011...



*April showers
bring May
flowers...*



Office Hours

Mon. thru Fri. 8:30am - 4:30pm
Sat. 10am—4pm
Sun. 12pm—5pm

Important Numbers

(703) 754-7711 Office
(703) 754-7711 Emergency
(703) 754-7758 Fax
www.MarqueApartments.com

Email:

marque.leasing@communityrealty.com

Management Team

Roberta Corgnati

Community Manager

Pat Mayer

Community Assistant Manager

Suzanne Butturff

Leasing Agent

Jeanette Corgnati

Marketing/Leasing Agent

From the Manager's Desk...

Well spring is upon us and we hope you are all enjoying the new colors both inside and out at The Marque! If you haven't seen our purple wall in the leasing office, you will have to pop in for a quick look! The lounge, and entryway received a coat of bright color that we hope you all like. We will be continually painting and freshening up the building, so let us know your thoughts!

Outside we hope you are enjoying the beautiful pansies that we planted! The trees are budding, fountains are bubbling and putting greens ready for play. The pool is getting its spring maintenance and will be up and running for our big Memorial Day Picnic. The bocce courts are open and don't forget about our community garden. Please plant veggies, flowers, whatever you like in there. We will be putting in some herbs over the next few weeks, so we hope you will add to it as well. And speaking of fresh vegetables, May 5th is the opening of our Farmer's Market. Details are in the newsletter. Look for it on Thursdays. We have a nice group of vendors!

The grill is ready for grilling, so we hope you will start cooking up some great food. Please remember to clean the grill after use so other residents can enjoy cooking too. We know spring is here when we smell the delicious meals being prepared out there.

We look forward to a beautiful spring at The Marque!

Roberta Corgnati
Community Manager

Happy Birthday to You!

Stop by the Café to celebrate our **APRIL** birthdays. We will share cake & birthday cheer April 13, 2011.



Welcome New Residents



Time to unpack and settle in! We are so happy to have you .

Barbara Neilsen
Margaret & Bob Mayer
Jim & Lynn Tars
Bob & Terry Patton
Ron & Alicia Houston
Marian Kerxton
Luis Del Rio

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IN THE KNOW...

KEYS AND FOBS

Replacement costs for KEY FOBS are \$35. House keys cost \$7 and Parking Remotes \$50. Please see us in the office if you have lost keys or FOBS during office hours.

HOUSE CLEANING

Our preferred vendor for housecleaning is *Nelly's Cleaning Services*. Rates range from \$45 for a 1 bedroom to \$75 for a 3 bedroom. Call Nelly at **703-656-1336** for more information.

HAIR SALON

Looking for a new spring style. Come see *Gisela* in our hair salon. Cuts start at \$35. By appointment **703-895-1977**.

DRY CLEANING

Our preferred dry cleaning vendor is *Catharpin Cleaners*. Pick up and delivery is on Tuesdays and Thursdays in the lobby coat closet. Stop by the leasing office for more details.

SCHWAN'S

Every other Friday, Paul from Schwan's visits The Marque. You can order delicious prepared foods that make cooking a snap! April dates are the 8th and 22nd. Catalogs are in the office.

FARMER'S MARKET

We are getting ready for our 2011 Farmer's Market! Every Thursday from May 5th through October vendors will be selling delicious local fruits, vegetables, baked items, fudge, salsas, honey, and more! We hope you will enjoy supporting farmers and craftsman in our area!

SOMMERVILLE SKIN CARE STUDIOS

A board certified aesthetician, Lynn Zimmerman can help give your skin a refreshing renewal with her facials. Call 866-597-1928 for a revitalizing appointment.

REJUVENATIONS THERAPEUTIC BODYWORK

Tracy Sampogna, NCTMB, CST, ATRIC, WABA is a certified massage therapist offering Swedish Massage, Esalen, Thai, Reflexology, Shamaniac & Reiki Treatments and more. Prices start at \$50 per half hour and go to \$160 for 2 hours. For an appointment call Tracy at (703)405-8150.

OFFICE SERVICES

If you need anything copied, faxed, or notarized, please come by the leasing office anytime during office hours. We would be happy to take care of you.

GUEST SUITES

Suite #148 and #149 are available for your guests for a fee of **\$100 a night**. *Suite #439*, a 2 bedroom furnished apartments is available for **\$150 a night**. Please call the office to make reservations.

STORAGE UNITS

If you are doing some Spring cleaning and discovered you need storage space, no worries, storage is available. **Climate controlled floor bins are \$30 a month**. **Garage Units** which are not climate controlled vary in size and cost from **\$50-100 per month**. Please contact the office if you are interested in renting storage.

GARAGE & CARPORT PARKING

If you would like to keep your car in a covered or garage space, spots are still available. Garage parking runs \$175 a month & carports \$75.

MAINTENANCE ISSUES LOCKED OUT

If you have a maintenance issue or get locked out of your apartment when the office is closed, please call the office answering service at (703)754-7711. They will contact our Community Manager and Technician On Call who will promptly respond.

APRIL HOROSCOPE



ARIES: MARCH 21-APRIL 19



The sign of the Ram is traditionally adventurous, courageous, enthusiastic and confident.

Nobody ever said you were a stick-in-the-mud, and that's because a stick-in-the-mud is just about the last term anybody would ever choose to describe you. You're a go-getter, and today is a day to get out and go. You're at an important turning point, and whatever you put your energies into will take on dimensions even you may never have dreamt of. Likely as not, you'll leave your competitors in the dust.

TAURUS: APRIL 20 - MAY 20



The sign of the Bull is traditionally patient, reliable, warmhearted and persistent.

The bull is the symbol, ruling planet is Venus and the element is earth. People belonging to this sign are physically and mentally strong. They have great strength and stamina. Though stubborn by nature, they are loving and sympathetic. They have excellent teaching skills. They get along well with Libra, Scorpio and Capricorn.

THE MONTH OF APRIL

By Dr. Peggy Pettit



April is commonly associated with the season of spring in the Northern hemisphere and autumn in the Southern hemisphere. April starts on the same day of the week as July in all years, and January in leap years. April ends on the same day of the week as December every year. April is a rainbow month, has sudden springtime showers which bring bright golden daffodils as well as other pretty flowers and for some the hope of an April in Paris. The birth stone of April is the diamond which symbolizes innocence. and the birth flower is typically listed as either the Daisy or the Sweet Pea. April is a month that brings promise of winter's end, the feel of warm sunshine, a special day filled with pranks and foolishness and for many, a renewal of one's faith and spirit through observance of significant religious events.

April Fools' Day is celebrated in the Western world on April 1st of every year. Sometimes referred to as All Fools' Day, April 1st is not a legal holiday, but is widely recognized and celebrated as a day which tolerates practical jokes and general foolishness. The day is marked by the commission of good humored or funny jokes, hoaxes and other practical jokes of varying sophistication on friends, family members, teachers, neighbors, work associates, etc. The earliest recorded association between April 1 and foolishness can be found in Chaucer's Canterbury Tales in the year 1392.

Arbor Day was founded in 1872 by J. Sterling Morton in Nebraska City, Nebraska. By the 1920s, each state in the United States had passed public laws that stipulated a certain day to be Arbor Day or Arbor and Bird Day observance. The national holiday is celebrated every year on the last Friday in April; in Nebraska, it is a civic holiday. Each state celebrates its own state holiday. The customary observance is to plant a tree. On the first Arbor Day, April 10, 1872, an estimated one million trees were planted.

Passover is a predominantly Jewish holy day and festival. It commemorates the story of the Exodus, in which the ancient Israelites were freed from slavery in Egypt. In the narrative of the Exodus, the Bible tells that God helped the Children of Israel escape slavery in Egypt by inflicting ten plagues upon the Egyptians before Pharaoh would release his Israelite slaves; the tenth and worst of the plagues was the slaughter of the first-born. The Israelites were instructed to mark the doorposts of their homes with the blood of a spring lamb and, upon seeing this, the spirit of the Lord passed over these homes, hence the term "**Passover**." When Pharaoh freed the Israelites, it is said that they left in such a hurry that they could not wait for bread to rise. In commemoration, for the duration of Passover no leavened bread is eaten, for which reason it is called "The Festival of the Unleavened Bread". Matzo a flat unleavened bread is the primary symbol of the holiday.

Easter is the central religious celebration in the Christian liturgical year. According to Christian scripture, Jesus rose from the dead on the third day after his crucifixion. Some Christians celebrate this resurrection on **Easter Sunday**. The resurrection of Jesus is a foundation of the Christian faith and gives Christians a new birth into a living hope. The religious perspective of **Easter** is linked to the Passover and Exodus from Egypt recorded in the Old Testament through the Last Supper and crucifixion that preceded the resurrection. According to the New Testament, Jesus gave the Passover meal a new meaning, as he prepared himself and his disciples for his death in the upper room during the Last Supper. He identified the loaf of bread and cup of wine as symbolizing his body soon to be sacrificed and his blood soon to be shed.

Relatively newer elements such as the **Easter Bunny and Easter egg hunts** have become part of the holiday's modern celebrations, and those aspects are often celebrated by many Christians and non-Christians alike. The Easter Bunny is a character depicted as a rabbit bringing Easter eggs, who sometimes is depicted with clothes. In legend, the creature brings baskets filled with colored eggs, candy and sometimes toys to the homes of children on the night before Easter. The Easter Bunny was introduced to the United States by the German settlers who arrived in the Pennsylvania Dutch country during the 18th century

Easter egg roll is a traditional game played with eggs at Easter. Different nations have different versions of the game, usually played with hard-boiled, decorated eggs. During the mid fifth century pre-Christian Saxons had a spring goddess Eastre, whose feast was held on the Vernal Equinox (beginning of spring.) Her animal was the spring hare and the rebirth of the land in spring was symbolized by the egg. In the United States, the **Easter Egg Roll** is an annual event held on the White House lawn each Easter Monday for children and their parents. According to an undocumented tradition, Dolly Madison, the wife of President James Madison, began the event in 1814 and hundreds of children brought their decorated eggs to join in games. The original site was on the grounds of the United States Capitol, but in 1877 a new lawn was planted and the gardeners cancelled the event. Congress then passed a law making it illegal to use the grounds as a children's playground. At the request of a number of children, including his own, the then President Rutherford B. Hayes and his wife Lucy Hayes brought the event to the White House lawns in 1878.

CLUBS, CLUBS, CLUBS.....

THURSDAY TEA

Join residents for tea every Thursday at 4 PM in the cafe. Enjoy great conversation and wonderful sweets. A spot of tea warms the heart and soul...especially when shared with friends! Sign up sheets are on the Café bulletin board.

ARTS & CRAFTS

Create wreaths, cross-stitch, floral arrangements, paintings...share your talent with others. Every Tuesday at 2 PM members meet in the Craft Room to work on various projects. So come get creative!



BOOK CLUB

Once a month members meet in the Library to discuss new books which are selected for reading the prior month. A great way to find out about good reads and to look a little deeper into what you are reading!

RED HAT GROUP

Every 3rd Tuesday of the month, the Red Hat Group meets to share in great conversation and good food at a local restaurant. All you need is a red hat and a few hours to share!

COCKTAIL CLUB

Try out a Mojito, or maybe a chocolate martini! New cocktails are featured each month. Look in the Café for a sign up sheet and join the fun!



Club Chairperson contact list and phone numbers are located in the front office.

BRIDGE CLUB

Members meet once a month in the Game Room for a great game of bridge...keeps the mind strong!

BINGO GROUP

Join us every Tuesday & Wednesday night in the Game Room for some exciting Bingo.

POOL SHARKS

Test your pool skills by playing with some great pool sharks. Looking for new members. Group meets 7PM Saturday evenings in the Game Room.

POKER CLUB

Are you ready to hold 'em or fold 'em? Our Poker Club is looking for new members to get in the game. So come be a part of the fun...put on your Poker face and let's get a Full House in the Game Room.



WORSHIP GROUP

This group meets on Wednesdays at 4pm in the theater. Non-denominational service run by Pastor Bob Grant.

GAMERS CLUB

Join game lovers for a variety of games throughout the week. Check out the calendar to see when they are playing these games:

<i>Mexican Train Dominoes</i>	
<i>Pinochle</i>	<i>Phase 10</i>
<i>Tile Rummy</i>	<i>Canasta</i>

YOGA

Work mind and body in Yoga class, 5:30 PM Tuesday and Thursday in the Aerobics Room.



CHAIR AEROBICS

Join us for some aerobic exercise that uses a chair to help aid with balance and stretching. Every Thursday morning in the Aerobics Room at 10:30 AM.

EXERCISE CLASS

Every Monday and Friday at 10:30 AM, join us in the Aerobics Room for an hour of aerobic exercise. A great way to start and end your week!

DISCUSSION GROUP

Led by Katherine Willis, members delve into conversations about Communication skills, the Aging Process, Transitions, Stresses today, Moving and other important topics. Meets the 3rd Tuesday of every month. This month's topic is "How to Accept Changes in Your Life."



RESIDENT SPOTLIGHT

We are looking for anyone interested in sharing a little bit about themselves for a feature in our newsletter. If you are interested, please call or email the office & let us know.

ARTICLES

If you wish to write an article for the newsletter, we would love it. Please contact the office and let us know what you would like to write about.

MOVIES AT THE MARQUE



Sat., Apr 2 at 7:00 PM

Sun, Apr 3 at 1:30 PM

VALENTINE'S DAY - PG-13

Wed., Apr 6 at 1:30 PM

MOTHER & CHILDREN - R

Sat., Apr 9 at 7:00 PM

Sun, Apr 10 at 1:30 PM

EVERYBODY'S FINE - PG-13

Wed., Apr 13 at 1:30 PM

CRAZY HEART - R

Sat., Apr 16 at 7:00 PM

Sun., Apr 17 at 1:30 PM

SALT - R

Wed., Apr 20 at 1:30 PM

TAKERS- PG-13

Sat., Apr 23 at 7:00 PM

Sun., Apr 24 at 1:30 PM

CHARLIE ST. CLOUD - PG-13

Wed., Apr 27 at 1:30 PM

THE KARATE KID - PG-13

Sat., Apr 30 at 7:00 PM

PRINCE OF PERSIA..THE

SANDS OF TIME - PG-13

WALK MS 2011

Manassas, VA

Saturday, April 9 - 5 Miles

Start location: Loy E. Harris Pavilion, 9201 Center Street, Manassas, VA 20110.

Join more than 7,000 walkers and 750 volunteers for the Walk MS 2011. Presented by Booz Allen Hamilton to benefit the National Multiple Sclerosis Society. To register, volunteer or learn more, visit www.MSandYOU.org/walk.

CIVIL WAR EDUCATION DAY

Manassas National Battlefield Park

6511 Sudley Road

Manassas, VA 22110

Military and Civilian demonstrations describe life of the Civil War era, and the experience of the soldier. Musketry and Artillery firing.

Date/Hours:

Thursday, April 14, 2011 - Friday, April 15, 2011

(9:00 AM-3:00 PM)

Admission Fee: Free

Telephone: (703) 361-1339 Fax: (703) 361-7106

Website: www.nps.gov/mana/index.htm

HISTORY LECTURE SERIES...Keeping Time

Old Manassas Courthouse

9248 Lee Avenue

Manassas, VA 20110

April is the month we usually prepare to turn our clocks forward for daylight savings time. Time is kept on a standard today that simply did not exist in 1861. Join historian and author Art Candenquist for a unique and informative lecture on how time was kept during the American Civil War.

Accessibility: Handicap

Date/Hours: Thursday, April 28, 2011 (7:00 PM-9:00 PM)

Admission Fee: Free

Telephone: Historic Coordinator: (703) 792-5612

Website: www.pwcgov.org/historicsites

EASTER IN HISTORIC BRENTSVILLE

Brentsville Courthouse Historic Center

12229 Bristow Road

Bristow, VA 20136

Children will participate in an Easter egg hunt, play games and make crafts that children might have done in the 19th century. Free admission for children under 2.

Date/Hours: Saturday, April 16, 2011 (11:00 AM-2:30 PM)

Admission Fee: \$5.00

Children Welcome

Telephone: Site Office: (703) 365-7895

Historic Preservation Office: (703) 792-4754

Website: www.pwcgov.org/brentsville

NATURE TRAIL WALK

Brentsville Courthouse Historic Center

12229 Bristow Road

Bristow, VA 20136

Take a guided tour along the nature trails at Brentsville and learn about plants and animals that live in this part of VA.

Date/Hours: Saturday, April 16, 2011 (1:00 PM-3:00 PM)

Admission Fee: \$5.00

Children Welcome

Telephone: Site Office: (703) 365-7895

Historic Preservation Office: (703) 792-4754

Website: www.pwcgov.org/brentsville

CORK & FORK

In Gateway shopping plaza has a number of tastings and speakers. Here is some of the info for April"

April 1, 6:30 PM, Beer Tasting

April 2, 1:00 PM, Guest Speaker, Pacific NW Wines

April 5, 6:30 PM, Argentinean Wines





April 8, 6:30 PM, Beer Tasting & Open Mic

April 22, 6:30 PM, Organic Wines

April 30th, 1 PM, Spanish Wines

<http://www.corkandfork.co/Calendar.html>, for more info

April Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Exercise 10:30am Phase 10 1:00 pm Mexican Train Dominoes 7:00 pm	2 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominoes 7:00 pm
3 Movie 1:30pm	4 Exercise 10:30am Canasta 1:00 pm Billiards 7:00 pm	5 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	6 Grocery 10:00 am Mexican Train Dominoes 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4pm Bingo 7:30 pm	7 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Tea 4:00 pm Yoga 5:30 pm	8 Book Club 10:00 am Exercise 10:30am Schwan's 10:30am Phase 10 1:00 pm Mexican Train Dominoes 7:00 pm	9 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominoes 7:00 pm
10 Movie 1:30pm	11 Exercise 10:30am Canasta 1:00 pm Billiards 7:00 pm	12 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	13 Grocery 10:00 am Mexican Train Dominoes 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4pm Birthday Party 7:00 pm Bingo 7:30 pm	14 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Tea 4:00 pm Yoga 5:30 pm	15 Exercise 10:30am Phase 10 1:00 pm Mexican Train Dominoes 7:00 pm	16 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominoes 7:00 pm
17 Movie 1:30pm	18 Exercise 10:30am Canasta 1:00 pm Billiards 7:00 pm	19 Discussion Group 10:30 am Red Hatters 12pm Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	20 Grocery 10:00 am Mexican Train Dominoes 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4 pm Bingo 7:00 pm	21 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Tea 4:00 pm Yoga 5:30 pm	22 Exercise 10:30am Schwan's 10:30 am Phase 10 1:00 pm Mexican Train Dominoes 7:00 pm	23 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominoes 7:00 pm
24 Movie 1:30pm EASTER 	25 Exercise 10:30am Canasta 1:00 pm Billiards 7:00 pm	26 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	27 Grocery 10:00 am Mexican Train Dominoes 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4 pm Bingo 7:00 pm	28 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Tea 4:00 pm Yoga 5:30 pm	29 Exercise 10:30am Phase 10 1:00 pm Mexican Train Dominoes 7:00 pm	30 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominoes 7:00 pm