

LA CIRCULAIRE DU MARQUE

Issue 41, February 2010

February...

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IMPORTANT NUMBERS

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Happy Birthday

RESIDENT BIRTHDAYS

Roberta Corgnati, Pat Mayer,
Ed Allen, Lynn Chick,
Richard Wright, Louis Leach,
Carol Shaffer, Nancy O'Day,
Mary Ann Jennings, Jean Maxwell

NEW RESIDENTS

Mary Rovall and Mary Ann Zadrozny

Welcome to The Marque!!

Valentine's Day

The U.S. Greeting Card Association estimates that approximately one billion valentines are sent each year worldwide, making the day the second largest card-sending holiday of the year, behind Christmas. The association estimates that, in the US, men spend on average twice as much money as women.

The "LOVE POTION" cocktail

Ingredients

- 1 ounce vodka
 - 1 ounce Amaretto
 - 1 ounce peach schnapps
 - 1 ounce cranberry juice
 - 1 ounce orange juice
 - ice cubes
- cranberries or raspberries

Directions

Combine liquors and ice in a cocktail shaker. Shake until the shaker is well-covered in condensation. Serve on the rocks, or up in a martini glass. Garnish with cranberries or raspberries.



POINTS OF INTEREST:

Resident Appreciation Pancake Breakfast—
Saturday, February 20th. 8:30am and 9:30am seatings. Residents are FREE. Guests are \$5 per person. Please RSVP in the office by Feb. 13. for *all* who plan to attend. Thanks!

New Club - SCATTERGORIES

Now meeting on Monday evenings at 7pm and Wednesday afternoons at 1:30pm in the game room. Join in!!

Lost and Found

We have a new lost and found box in the office. If you are missing anything, please stop by. We will hold items for 30 days.

Mini Health Fair

Wed., February 24th at 1:30pm. Join us in the lounge for a mini-health fair with home care advisors.

Tea and Cookies

Fri., Feb. 26th at 1:30pm. Presentation about osteoporosis and exercise—in the theater.

Club Contact People—please inform the office of any changes to your meeting days or times so that our calendar can be as accurate as possible each month.

REMEMBER!! Things change!! Please keep an eye on the bulletin boards for updates, changes and new information!

Resident Spotlight

Peggy Anne Pettit



Peggy was born during the Great Depression in Asheville, NC as the 12th and final child of John and Hattie Petit. Eight boys and four girls, which included a set of triplets and one set of twins, ranging in age from newborn from 25, made for interesting family dynamics. Fortunately, Peggy's father was an architect and owned a construction company, so they had plenty of bedrooms and bathrooms. As a child, she enjoyed reading, board games, dancing and all type of athletic endeavors; particularly snow skiing, sledding, tennis, golf, sailing and swimming.

In addition to growing up in Asheville, Peggy spent a lot of time swimming and sailing at St. Simon Island, Georgia and Newport, RI. Peggy graduated high school in Asheville and attended Western Carolina University in Cullowhee, NC for her Bachelors Degree in Education. Psychology graduate degrees of Masters and Doctorate were earned at the University of Alabama and a post-doctoral fellowship was completed at Virginia Tech in Blacksburg, VA. Later, Peggy obtained an MBA at Temple University.

Dr. Pettit has served in ambulatory acute care hospitals in behavioral care as a clinician, health care administrator, surveyor, consultant and educator for over five decades on three continents. With primary focus on assisting organizations to improve organizations performance, health care management and administration. She has helped positions of presidents of national consulting firms; president, Chief Operating Officer and VP of hospital and organizations in Georgia, Washington, Virginia, Texas and Colorado. While serving as VP at VA Baptist hospital, she participated in forming Centra Health, Inc. which brought together Lynchburg General, Bedford Hospital and VA Baptist together as one organizational structure: Centra Health.

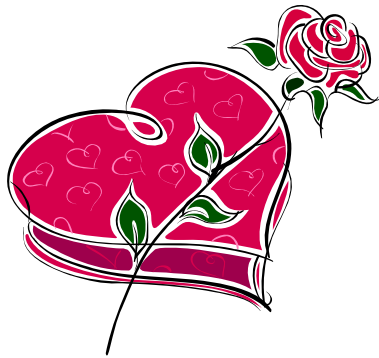
Early in her career, Peggy worked as a teacher in NC, FL and as a principal of American schools in Japan and England for the Dept. of Defense. Dr. Pettit has been an adjunct professor at universities in GA, VA, NC, AL, TX, WA and Canada. She is the author of several professional books in the areas of statistics, psychology, and health care management.

Until last year, Dr. Pettit served as a nationwide consultant to hospitals, behavioral health and long term care facilities in risk reduction in patient care, Joint Commission standards and CMS Certification. Premier Health contracted with her to provide consultation both on site as well as to conduct audio-computer broadcast for its member hospitals. Peggy assisted organizations to diagnose, prioritize and improve processes and related performance in their delivery of patient health care.

Peggy married a young North Carolinian whom she met in college and they promptly built a house in Palm Beach, FL. Tragedy struck early in their marriage while he was on maneuvers with the paratroopers. The marriage bug never struck again, but Peggy says that she had the good fortune to have lived with someone for 2 plus decades as well as having other significant love interests in her life. Her god-daughter, whom she helped raise, lives near The Marque and she spends a lot of time with her and her family in Centreville. In particular are Madison and Nicholas, 8 and 6 years old, whom many of you have seen at the pool or in the exercise room.

Peggy has said to many that these two children are the joy of her life. She further states, "Who would have thought that such wonderful gifts as they would have been given!" Peggy likes to play cards, tile rummy, Mexican Train dominoes, and other board games. Additionally, any time of the year, swimming is high on the fun list as are movies at the movie theater, correspondence via e-mail with family and friends, creating fun things to do with Madison and Nicholas.

Peggy includes cooking as a hobby as it is not engaged in daily, but frequently enough that the fridge is not empty. She tends to cook in large amounts so a lot of sharing is done with some of the friends made here at The Marque plus she goes to her daughters and cooks for them. Knowing in May that she would be moving to the area, Peggy conducted an extensive internet search for several apartments including on-site visits. She flew in from Colorado Springs, CO and having seen in person The Marque, knew there were no questions about living here. She was looking for a top floor apartment, one with elevators, modern décor and clean, clean, clean. And a swimming pool and easy access to Centreville was a plus. The Marque won hands down. Peggy says that she likes the friendliness of the residents and staff, cleanliness of apartments and common areas; choice of floor plans; the activities available and the sense of being safe. Peggy said that her choice has been a good one.



Wed., Feb. 3 at 1:30pm

Imagine That—PG

Work problems are piling up for financial exec Evan (Eddie Murphy), and his ruthless rival (Thomas Hayden Church), greedy boss (Ronny Cox) and touchy-feely best (DeRay Davis) friend aren't helping matters. But when Evan discovers a pathway to his daughter's imaginary world, he starts finding some solutions. Nicole Ari Parker co-stars as Evan's estranged wife in this inventive family comedy from Over the Hedge director Karey Kirkpatrick.

Sat., Feb. 6 at 7pm and Sun., Feb. 7 at 1:30pm

Angels and Demons—PG13

After the murder of Italian physicist Leonardo Vetra, Harvard symbolologist Robert Langdon's (Tom Hanks) investigation with Vetra's daughter (Avelet Zurer) leads to a secret society, the Illuminati, and a quest for the world's most potent -- and deadly -- energy source. Ron Howard directed the crime thriller, which is based on *The Da Vinci Code* author Dan Brown's novel and co-stars Ewan McGregor and Stellan Skarsgård.

Wed., Feb. 10 at 1:30pm

Julie and Julia—PG13

Amy Adams stars in this truth-inspired tale as Julie Powell, a disenchanted government secretary who decides to enliven her uneventful life by cooking all 524 recipes outlined in Julia Child's culinary classic *Mastering the Art of French Cooking*. Based on Powell's book *Julie & Julia: 365 Days, 524 Recipes, 1 Tiny Apartment Kitchen*, director Nora Ephron's heartwarming dramedy also stars Meryl Streep as legendary chef Child.

Sat., Feb. 13 at 7pm and Sun., Feb. 14 at 1:30pm

Serendipity—PG13

Play Preview An amalgam of the plot lines from *When Harry Met Sally* and *Sleepless in Seattle*, *Serendipity* has John Cusack and Kate Beckinsale meeting during a Christmas shopping spree but parting company soon thereafter. Ten years (and a few failed relationships) later, they yearn to put true love to the test by reuniting. But first, they have to find each other.

Wed., Feb. 17 at 1:30pm

Cheri—R

When French courtesan Madame Peloux (Kathy Bates) sets her pampered son, Cheri (Rupert Friend), up with middle-aged fellow courtesan Lea de Lonval (Michelle Pfeiffer), she wants to ensure he learns all about lovemaking from the best. But the affair lasts for years, creating problems when it's time for Cheri to marry a wealthy woman. Stephen Frears directed this romantic drama, which is based on a novel by Colette.

Sat., Feb. 20 at 7pm and Sun., Feb. 21 at 1:30pm

The Pink Panther 2—PG

Everybody's favorite blundering detective, Inspector Jacques Clouseau (Steve Martin), is back in another antic-filled caper. This time, Clouseau joins a team of equally incompetent detectives to foil a thief from heisting historical artifacts. But is this bumbling crew able to keep pace with their nimble quarry? Jean Reno, Emily Mortimer, Andy Garcia, Alfred Molina and John Cleese also appear in this star-studded sequel.

Wed., Feb. 24 at 1:30pm

G.I. Joe—Rise of the Cobra—PG13

Dennis Quaid, Channing Tatum, Sienna Miller and Marlon Wayans star in this action-packed G.I. Joe adventure, in which Hawk, Ripcord, Heavy Duty and the rest of the elite special mission force set out to stop evil arms dealer Destro (Christopher Eccleston) and his minions. Rounding out the star-studded cast are Brendan Fraser, Rachel Nichols, Adewale Akinnuoye-Agbaje, Ray Park, Joseph Gordon-Levitt, Saïd Taghmaoui and model Karolina Kurkova.

Sat., Feb. 27 at 7pm and Sun., Feb. 28 at 1:30pm

The Day the Earth Stood Still—PG13

. After years of unabated global warming, the greenhouse effect is wreaking havoc all over the globe in the form of catastrophic hurricanes, tornadoes, tidal waves, floods and, most ominously, the beginning of the next Ice Age. Paleoclimatologist Jack Hall (Dennis Quaid) tries to save the world while also shepherding to safety his son Sam (Jake Gyllenhaal), who was in New York when the city was overwhelmed by the beginnings of the new big freeze.



February Calendar of Events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|---|--|
| | 1 ~ Exercise Class 10:15am ~ Canasta 2:00 pm ~ Scattergories 7:00pm | 2 ~ Arts & Crafts 2:00 pm ~ Yoga 5:30 pm ~ Bingo 7:00 pm | 3 ~ Grocery Shuttle 10:00am ~ Exercise Class 10:15am ~ Movie 1:30 pm ~ Scattergories 1:30pm ~ Bingo 7:00 pm | 4 ~ Weight Watchers 9:15am ~ Tile Rummy 1:30 pm ~ Western Movie Club 1:30pm ~ Yoga 5:30 pm ~ Bridge 7:00pm | 5 ~ Breakfast Club 9:00 am ~ Exercise Class 10:15am ~ Domino's 7:00 pm | 6 ~ Poker 3:00 pm ~ Movie 7:00 pm |
| 7 ~ Movie 1:30pm ~ Book Club 2:00pm | 8 ~ Exercise Class 10:15am ~ Canasta 2:00pm ~ Scattergories 7:00pm | 9 ~ Arts & Crafts 2:00 pm ~ Yoga 5:30pm ~ Bingo 7:00pm | 10 ~ Grocery Shuttle 10:00am ~ Exercise Class 10:15am ~ Movie 1:30 pm ~ Scattergories 1:30pm ~ Birthdays 7:00pm ~ Bingo 7:30pm | 11 ~ Weight Watchers 9:15am ~ Tile Rummy 1:30pm ~ Western Movie Club 1:30pm ~ Yoga 5:30pm ~ Bridge 7:00pm | 12 ~ Breakfast Club 9:00am ~ Exercise Class 10:15am Schwan's Delivery 10:30am ~ Domino's 7:00pm | 13 ~ Poker 3:00pm ~ Cocktail Club 5:00pm ~ Movie 7:00pm |
| 14 ~ Movie 1:30pm  | 15 ~ Exercise Class 10:15am ~ Canasta 2:00pm ~ Scattergories 7:00pm | 16 ~ Arts & Crafts 2:00 pm ~ Yoga 5:30pm ~ Bingo 7:00pm | 17 ~ Grocery Shuttle 10:00am ~ Exercise Class 10:15am ~ Movie 1:30pm ~ Scattergories 1:30pm ~ Bingo 7:00pm | 18 ~ Weight Watchers 9:15am ~ Tile Rummy 1:30 pm ~ Western Movie Club 1:30pm ~ Yoga 5:30 pm ~ Bridge 7:00pm | 19 ~ Breakfast Club 9:00am ~ Exercise Class 10:15am ~ Domino's 7:00pm | 20 ~ Pancake Breakfast 8:30am and 9:30 seatings ~ Poker 3:00 pm ~ Movie 7:00 pm |
| 21/28 ~ Movie 1:30 pm | 22 ~ Exercise Class 10:15am ~ Canasta 2:00pm ~ Scattergories 7:00pm | 23 ~ Arts & Crafts 2:00pm ~ Yoga 5:30pm ~ Bingo 7:00pm | 24 ~ Grocery Shuttle 10:00am ~ Exercise Class 10:15am ~ Movie 1:30pm ~ Scattergories 1:30pm ~ Health Fair 1:30pm ~ Bingo 7:00pm | 25 ~ Weight Watchers 9:15am ~ Tile Rummy 1:30pm ~ Western Movie Club 1:30pm ~ Yoga 5:30 pm ~ Bridge 7:00pm | 26 ~ Breakfast Club 9:00am ~ Exercise Class 10:15am Schwan's Delivery 10:30am ~ Tea 1:30pm ~ Domino's 7:00pm | 27 ~ Poker 3:00pm ~ Movie 7:00pm |