

LA CIRCULAIRE DU MARQUE

March 2011...

Office Hours

Mon. thru Fri. 8:30am - 4:30pm
Sat. 10am—4pm
Sun. 12pm—5pm

Important Numbers

(703) 754-7711 Office
(703) 754-7711 Emergency
(703) 754-7758 Fax
www.MarqueApartments.com

NEW RESIDENTS



Bonnie Woolston
Jeff Johnson
Jackie Diamond & Rick Mansure
Alyssa Nguyen & Quan Duong

Welcome to The Marque!

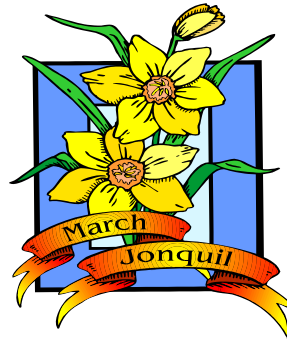
Be sure to check out our social clubs and activities. New members are always welcome.

Club Chairperson contact list and phone numbers are located in the front office.

TAKE A LOOK!

HAPPY BIRTHDAY
to our residents who were born
in
the month of
MARCH

Stop by the Café for our resident birthday celebration on the 2nd Wednesday of each month at 7 PM. Cake will be served. This month the gathering is on 9 MARCH 2011.



Worship Group— Meeting on Wednesdays at 4pm in the theater. Non-denominational service. Pastor Bob Grant.

Pancake Breakfast—Resident Appreciation, Saturday, 5 March 2011, 8:30 am & 9:30 am seatings. Sign up sheet in Café by 3 March 2011.

Discussion Group—Kathryn Willis “Communication Skills.” 15 March 2011, 10:30 am.

WHAT I HAVE LEARNED

I’ve learned that, no matter what happens, how bad it seems today, life goes on, and it will be better tomorrow.

I’ve learned that you can tell a lot about a person by the way he/she handles four things: a rainy day, the elderly, lost luggage, and tangled Christmas tree lights.

I’ve learned that making a “living” is not the same thing as making a “life.”

I’ve learned that life sometimes gives you a second chance.

I’ve learned that you shouldn’t go through life with a catcher’s mitt on both hands. You need to be able to throw something back sometimes.

I’ve learned that if you pursue happiness, it will elude you. But, if you focus on your family, your friends, the needs of others, your work and doing the very best you can, happiness will find you.

I’ve learned that whenever I decide something with an open heart, I usually make the right decision.

I’ve learned that even when I have pains, I don’t have to be one.

I’ve learned that every day, you should reach out and touch someone. People love that human touch—holding hands, a warm hug, or just a friendly pat on the back.

I’ve learned that I still have a lot to learn !

MOVIES AT THE MARQUE

Wed., Mar 2 at 1:30 PM
The Book of Eli - R

Sat., Mar 5 at 7:00 PM
Sun., Mar 6 at 1:30 PM
Alice in Wonderland - PG

Wed., Mar 9 at 1:30 PM
Did you Hear About the Morgans - PG13

Sat., Mar 12 at 7:00 PM
Sun., Mar 13 at 1:30 PM
When in Rome - PG-13

Wed., Mar 16 at 1:30 PM
Eat Pray Love - PG-13

Sat., Mar 19 at 7:00 PM
Sun., Mar 20 at 1:30 PM
Going the Distance - R

Wed., Mar 23 at 1:30 PM
The Twilight Saga - PG-13

Sat., Mar 26 at 7:00 PM
Sun., Mar 27 at 1:30 PM
The Last Song - PG

Wed., Mar 30 at 1:30 PM
Flipped - PG



HOUSEKEEPING

If you are locked out of your apartment after hours, call the answering service and they will contact Roberta to let you in. *There is a \$50 charge for this service—no exceptions.* You can also call Priority Lock and Key (703) 330-0249. They will charge \$75 for the service.

If you should lose your house key, mail box key, access card or remote, the replacement costs are:

- House or Mail Key: \$15
- Access Card/FOB: \$35
- Parking Remote: \$50

TRASH—It should be bagged before you put it into the trash chutes. It needs to fit with no force. Glass only goes into the recycling bins located in each trash room. Do not leave anything on the trash room floor. Newspapers can be recycled in the garage trash cans near the elevator doors. Break down cardboard boxes and place them in the dumpster on the EAST side of the building.

PETS— They must be walked only in the designated areas on the sides of the buildings. Properly dispose of waste in the green pet waste containers each and every time. Also, please be mindful of excessive barking. Pets are not allowed in the common areas of our building. Please be sure your pet is registered with our

Office Services : Copies, fax, & notary public. Free to residents.

Storage Units:

Floor Bins: \$30 per month (climate controlled)

Garage Units: \$50—\$100 per month (non-climate controlled)

Garage and Carport Parking:

Carport Parking: \$75 per month

Garage Parking: \$175 per month

Guest Suites :

Suites 148 and 149: \$100 per night

Suite 439: \$150 per night

Call the office for reservations.

Drycleaners—pick up and delivery on Tuesday and Friday mornings in the lobby coat closet. Forms in the office.

Sign up to be our Resident Spotlight of the month! We would love to get to know you better!

Resident Phone and E-Mail lists are also located in the front office!



RESIDENT SPOTLIGHT

MARILYN KELLEY



Marilyn was born and raised in Gloversville, New York. After graduation, she attended and graduated from Mildred Elley Secretarial School in Albany, New York.

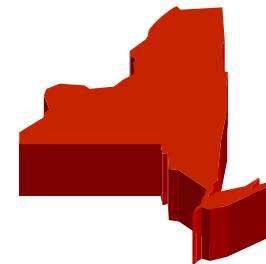
She was married for 28 years. After marrying, she went to work for O’Connell and Aronowitz Law Firm in Albany, New York and retired after 27 years. She loved her job as a word processor and enjoyed the people who she worked for and with.

Her immediate family consisted of her father, mother and sister, Linda. Unfortunately, Linda passed away at the too early age of 34 from cancer.

Marilyn has one son, John, one grandson, Jake (17) , one granddaughter, Gabrielle (3) and a daughter-in-law, Caryl. They live in Woodbridge, which is the reason she relocated to Virginia. Her son, John, was a Navy pilot and now flies a corporate jet all over the world. While John was in the Navy, she was able to travel to all his different assignments. Now, when he travels, Marilyn gets to help out at home with Gabrielle. Her grandson, Jake, is getting ready to go to college in the fall.

Marilyn says she “loves her apartment here at The Marque.” She is making new friends and enjoying the activities offered including card games, caroling, tree decorating, and book club as she loves to read.

Marilyn wondered if it would be difficult to transition at the age of 68 from New York state where she had spent all of her life to Virginia, but it is the best decision she could have made. She looks forward to what new adventures are ahead of her.



March Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	2 Grocery 10:00 am Mexican Train Dominos 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4 pm Bingo 7:00 pm	3 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Western Movie Club 1:30 pm Tea 4:00 pm Yoga 5:30 pm	4 Exercise 10:30 am Phase 10 1:00 pm Mexican Train Domino's 7:00 pm	5 Pancake Breakfast 8:30 am & 9:30 am Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominos 7:00 pm
6 Movie 1:30 pm	7 Exercise 10:30 am Canasta 1:00 pm Billiards 7:00 pm	8 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	9 Grocery 10:00 am Mexican Train Dominos 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4pm Birthday Party 7 pm Bingo 7:30 pm	10 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Western Movie Club 1:30 pm Tea 4:00 pm Yoga 5:30 pm	11 Book Club 10:00 am Exercise 10:30 am Schwan's 10:30 am Phase 10 1:00 pm Mexican Train Domino's 7:00 pm	12 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominos 7:00 pm
13 Movie 1:30pm	14 Exercise 10:30am Canasta 1:00 pm Billiards 7:00 pm	15 Discussion Group 10:30 am Arts/Crafts 2:00 pm Red Hatters 12:00 pm Yoga 5:30 pm Bingo 7:00 pm	16 Grocery 10:00 am Mexican Train Dominos 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4 pm Bingo 7:00 pm	17 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Western Movie Club 1:30 pm Tea 4:00 pm Yoga 5:30 pm	18 Exercise 10:30 am Phase 10 1:00 pm Mexican Train Domino's 7:00 pm	19 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominos 7:00 pm
20 Movie 1:30 pm	21 Exercise 10:30 am Canasta 1:00 pm Billiards 7:00 pm	22 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	23 Grocery 10:00 am Mexican Train Dominos 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4pm Bingo 7:00 pm	24 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Western Movie Club 1:30 pm Tea 4:00 pm Yoga 5:30 pm	25 Exercise 10:30 am Schwans 10:30 am Phase 10 1:00 pm Mexican Train Domino's 7:00 pm	26 Movie 7:00 pm Billiards 7:00 pm Mexican Train Dominos 7:00 pm
27 Movie 1:30 pm	28 Exercise 10:30 am Canasta 1:00 pm Billiards 7:00 pm	29 Arts/Crafts 2:00 pm Yoga 5:30 pm Bingo 7:00 pm	30 Grocery 10:00 am Mexican Train Dominos 1:00 pm Pinochle 1:00 pm Movie 1:30 pm Worship Group 4 pm Bingo 7:00 pm	31 Chair Aerobics 10:30 am Tile Rummy 1:00 pm Western Movie Club 1:30 pm Tea 4:00 pm Yoga 5:30 pm		